

OCB VISIONS

Fall 2023



Dear patients,

Welcome to our quarterly newsletter! As November is Diabetes Awareness Month, it is important that we remind our pre-diabetic and diabetic patients to schedule their annual eye exam. You can learn more about that below. In the spirit of Thanksgiving, all of us at OCB want to let you know that we are so

very grateful for the privilege of caring for you. We open with one of your thank you messages that we recently received. We wish you a happy and healthy holiday!

Sincerely,
Laura C. Fine, MD
OCB President and Medical Director

"You expertly diagnosed my problem."

"I came into your office because of an emergency when I suddenly lost most of my vision in my right eye as I was driving to work. You graciously agreed to see me and expertly diagnosed my problem. By the time I left your office, my eye pressure had decreased, so I could see again. I can't thank you enough for helping me. I also want to thank your assistant. He was very kind and helpful, provided me with what I needed to navigate the drops I need to take."

-excerpt from a letter to our team

OCB honored as Best of the Upper Cape

OCB's Falmouth location was named the Best of the Upper Cape Eye Doctor 2023 in *On Cape Magazine!*

Best Eye Doctor 2023 -



November is Diabetes Awareness Month

How you can protect yourself from vision loss



OCB's eye doctors are reminding our diabetic and pre-diabetic patients that early detection and early intervention along with a healthy lifestyle are key to preventing vision loss associated with diabetes. The following tips are important protective measures you can take. Remember that your life does not need to slow down because you have diabetes!

Be sure you are seeing the right specialists. With diabetes, you see several specialists including your primary care doctor, endocrinologist, and others. At OCB, [retina specialists](#) and [optometrists](#) are here to support your eye health. However, the most important part of your diabetes care team is you. You are the one who makes decisions about your health. You have it within your power to keep your condition controlled with treatment, a healthy lifestyle, and regular follow-up.



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On a mission to eradicate blindness in Zambia



Dr. David Reed traveled to Zambia on Orbis's Flying Eye Hospital (top left), the world's only fully accredited ophthalmic teaching hospital on board an MD-10 aircraft. (Right) Dr. Reed is pictured with Zambian ophthalmologist Dr. Zipporah Phiri.

OCB Retina Specialist Dr. David Reed recently traveled to Zambia to train eye care professionals in that country. The aircraft he traveled on is no ordinary plane. Orbis's Flying Eye Hospital is fully equipped with an operating room, classroom, diagnostics section and recovery room. Volunteer eye care experts like Dr. Reed, train local eye care teams both on board the aircraft and at their local hospital.

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OCB physicians present at NEOS, Retina Society and AAO national conferences.



OCB's [Dr. Jeffrey Heier](#), President of the Retina Society, presides over the annual Retina Society meeting, held in New York City.



OCB's [Claudia Richter, MD](#), President of the New England Ophthalmological Society, welcomes attendees to the annual NEOS conference held in Boston

OCB eye doctors are leaders in their respective specialties. Throughout the year, they present their research and provide education that advances eye care. It's been a busy Fall, as OCB doctors presented at annual meetings of the New England Ophthalmological Society, Retina Society and American Academy of Ophthalmology.

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Optional mask policy

We want to remind our patients with upcoming appointments that if you have a fever or other flu-like symptoms (fever, chills, cough, congestion, runny nose, vomiting, diarrhea or a new skin rash) please do not come in, but rather call our office and someone will assist you with rescheduling your appointment. You will NOT be charged a cancellation fee. Patients are no longer required to wear masks at our offices. However, if you are more comfortable wearing a mask to your appointment, we welcome you to continue to do so. OCB will continue to provide masks for your convenience at all locations. Please see our [Frequently Asked Questions](#) for more information about our mask policy.

Did you know you can use your FSA funds on protective eyewear?

As 2023 draws closer to the end, and you are looking for ways to use your flexible spending plan funds, consider that FSA plans can be used in the following ways:

- New glasses, swimming or ski goggles
- **Contact lenses and supplies**
- **Laser vision correction surgery** (Schedule a complimentary consultation)



OCB is hiring!



Are you a team player, energized by superb patient care? Are you looking to continuously bring your skills to the next level?

If so, come build your career in eye care at OCB! We are hiring in all OCB locations so if you or if someone you know is interested, [follow this link](#) to learn about our open positions.

Schedule your visit through Patient Gateway!

Did you know you can request an appointment through your Mass General Brigham Patient Gateway account?

If you are already a patient with us, you can easily request an appointment through **Patient Gateway!** If you are a new patient, you could also request your first visit through the **website**.

SCHEDULE YOUR EYE EXAM

WELCOMING NEW PATIENTS

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OCB provides exceptional, state-of-the-art, compassionate eye care while advancing the field of ophthalmology through education, research and leadership.

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