

OCB VISIONS

September 2022

OCB Updates

As we move into the fall months, OCB is pleased to announce the arrival of three exceptional ophthalmologists to our team!

Over the past year, OCB like most health care providers, dealt with staffing shortages affecting OCB's practice staff and Central Scheduling Department, and as a result, patients were experiencing longer than usual wait times to schedule their appointments. We apologize for any inconvenience that these staffing shortages may have caused you, and we are happy to inform you that we are hiring new team members and working toward reducing "on hold times" for our scheduling department.

For those patients who are enrolled on Patient Gateway, please use the scheduling feature to request an appointment. OCB monitors Patient Gateway requests and will contact you directly to schedule your appointment or find an answer to any questions you may have. Step by step instructions to request an appointment through Patient Gateway are given at the end of this newsletter.

OCB welcomes three ophthalmologists to our team!

Raymond G. Magauran, MD

Dr. Magauran is a board certified ophthalmologist specializing in oculoplastics and cosmetic eye surgery. He attended undergraduate studies at the University College Dublin Ireland, and received his medical degree from the University of Connecticut Medical School. He completed his residency training in ophthalmology at the University of Florida in Gainesville and his fellowship training in ophthalmic plastics surgery at Kresge Eye Institute, Wayne State University in Detroit, Michigan. In addition, he earned his Masters in



Business Administration from the Isenberg
School of Management at the University of Massachusetts.

Dr. Magauran has practiced oculoplastics surgery for more than 25 years with particular expertise in post-Mohs reconstruction, blepharoplasty, medical and cosmetic Botox, tearing disorders and thyroid eye disease. He has held academic appointments at UMass Medical School and the State University of New York in Buffalo.

Dr. Magauran resides on the Cape and enjoys spending time with his family and their three dogs. He will begin seeing patients on September 12th and practicing in the Falmouth, Sandwich and West Yarmouth offices.

[Click here for complete bio](#)



Naveen K. Rao, MD

Dr. Rao is a board-certified ophthalmologist specializing in cornea, cataract, and anterior segment surgery, and is an Assistant Professor of Ophthalmology at Tufts University School of Medicine. Before joining OCB, Dr. Rao was a Senior Staff Ophthalmologist at Lahey Hospital & Medical Center where he was Residency Program Director of the Lahey portion of the Tufts Ophthalmology Residency Program.

Dr. Rao completed his residency in ophthalmology at Casey Eye Institute/ Oregon Health & Science University in Portland, Oregon, and his fellowship training in Cornea, External Disease, and Anterior Segment Surgery at New England Eye Center/Tufts Medical Center and Ophthalmic Consultants of Boston.

Dr. Rao's surgical interests include cataract surgery, advanced lens-implant fixation, and endothelial keratoplasty (including DMEK and DSAEK).

In his free time, Dr. Rao enjoys spending time with his wife and their two children. They enjoy skiing, going to the beach, and hiking with their dog. Dr. Rao will begin seeing patients on October 3rd and practicing in the Danvers, Cambridge and Waltham offices.

[Click here for his complete bio.](#)

Rebecca R. Soares, MD, MPH

Dr. Soares is a vitreoretinal surgeon, specializing in the medical and surgical care

of retinal disease. Dr. Soares' goal is to skillfully and compassionately offer all patients the most advanced treatments, including anti-VEGF therapies, and laser and small incision surgery.

Dr. Soares earned her Medical Degree and Master of Public Health degree from Emory University School of Medicine, where she graduated magna cum laude. She completed her internal medicine internship at Brigham and Women's Hospital and Harvard Medical School. Dr. Soares finished her residency in ophthalmology at Wills Eye Hospital in Philadelphia and her vitreoretinal surgical fellowship at Wills Eye Hospital Mid Atlantic Retina. Prior to medical school, Dr. Soares earned her Bachelor of Arts degree with distinction, graduating summa cum laude from Yale University.



She lives on the South Shore where she enjoys running, reading, and spending time with her husband and daughter. Dr. Soares will begin seeing patients on September 6th in the Falmouth, Sandwich, South Yarmouth and West Yarmouth offices.

[Click here for her complete bio.](#)

OCB welcomes five optometrists to our team!



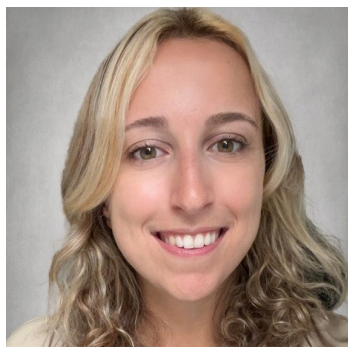
[Alyssa C. Chan, OD](#) see patients in Boston. [See bio](#)



[Madeline R. Fullerton, OD](#), sees patients in Dorchester, Milton and Quincy. [See bio](#)



[Ran O. Liu, OD](#) sees patients in Cambridge and Waltham. [See bio](#)



Kristiana N. Micinoti, OD sees patients in Pembroke, Plymouth and Weymouth. See bio.

Gabriel P. Ochonski, OD sees patients in Danvers. See bio.

Dr. Brad Shingleton Announces His Retirement



Dr. Brad Shingleton has announced that he will retire from ophthalmology on September 21, 2022.

Dr. Shingleton stated in his retirement letter: "This has been a difficult decision for me because I love my work so much. The challenge of eye surgery has been stimulating and the joy of restoring vision has been deeply rewarding."

"My outstanding administrative, clinical technician, nursing, operating room and anesthesia teams have enabled me to build my practice and provide the best medical, laser and surgical eye care to my patients. I thank them for their support. I thank my colleagues at OCB for being part of making OCB one of the preeminent eye consultation practices in the country. Most importantly, I thank you, our patients, for the trust you have placed in OCB to care for you and your vision needs."

Dr. Shingleton will be truly missed by his OCB family and we wish him abundant health and happiness in his next adventure!

September is #HealthyAgingMonth

According to the American Academy of Ophthalmology, one in six Americans age 65 and older has a vision impairment that cannot be corrected with glasses or contact

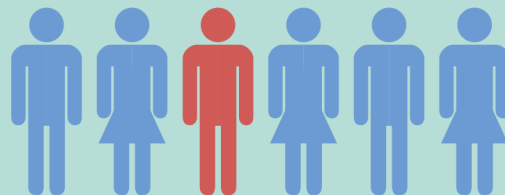
lenses. The risk of eye disease increases with age, so regular eye exams become even more important for preserving sight.

Even people who see well and do not have age-related eye diseases may have vision changes that might not be obvious. For instance, it may become harder to distinguish an object from its background when they are the same color (like a white coffee cup sitting on a white table). This is called loss of "contrast

Here's Why You Need an Eye Exam

By age 65, one in six Americans has a vision impairment that cannot be corrected with glasses or contact lenses.

Early detection and treatment improves quality of life.



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aao.org/eyesmart

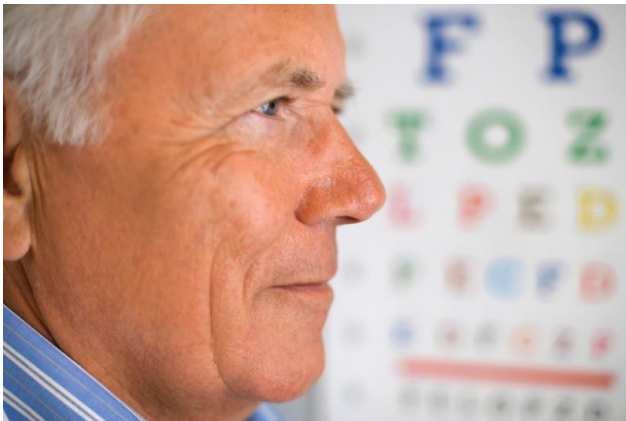
sensitivity.”

For others, the ability to see well in different lighting may change. When going from a well-lit area to one with poor light (or the other way around), your eyes may take longer to adapt and focus, or they do not adjust very well.

Problems adjusting to light and dark can make driving more difficult, especially at night or in the rain. Driving can be even more challenging when eye diseases affect your peripheral (side) vision or increase your sensitivity to glare.

For aging drivers, the National Highway Traffic Safety Administration recommends the following safety measures:

- Take a driving course designed specifically for seniors
- Drive during daylight hours
- Reduce speed
- Be extra-cautious at intersections
- Keep your windshield clean inside and out and make sure your eyeglasses are not scratched or dirty.



It is essential to have a complete eye exam with your eye doctor every year or two after age 65.

Keeping up with regular eye exams allows your eye doctor to discover problems early. The sooner a problem is detected, the more likely treatment will be successful.

During regular eye exams, your eye doctor will check for age-related eye diseases, including:

- [age related macular degeneration](#)
- [diabetic retinopathy](#)
- [glaucoma](#)
- [cataracts](#)

The AAO recommends adults age 65 and older see their eye doctor for a complete eye exam every year or every other year. Early detection of eye conditions and treatment as needed is vital to preserving your vision.

Schedule your visit through Patient Gateway!

SCHEDULE YOUR APPOINTMENT

Do I need to wear a mask at my appointment?

All OCB practices require all staff and patients to wear masks and maintain a physical distance. To protect our patients and keep the number of people at a minimum, we are restricting the number of visitors allowed in the clinic. Patients and their visitor will be screened for symptoms and must wear a mask at all times.

If you are experiencing any of the following symptoms, please reschedule your appointment: fever, sore throat, cough, runny nose, headache, muscle aches, loss of smell/taste, or shortness of breath.

We appreciate your understanding!

Did you know you can request an appointment through your Mass General Brigham Patient Gateway account?

If you are already a patient with us, you can easily request an appointment through [Patient Gateway](#)!

Here's what to do:

1. Once you have logged on to the [Patient Gateway](#) site, select the "Visits" tab.
2. Here you will find a "schedule your appointment" tab.
3. That will bring you to a list of your doctors.
4. Here you can request an appointment. Select your OCB eye doctor to request a convenient appointment date and time.

If you do not yet have a [Patient Gateway](#) account, we recommend setting one up. Through the secure portal you can not only request appointments, but you can message your doctor directly, view test results and pay your medical bills online! Just go to [Patient Gateway](#) and follow the steps to create an account.

If you are a new patient, you could also request your first visit through the [website](#).

SCHEDULE YOUR EYE EXAM

WELCOMING NEW PATIENTS

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